

Sewing - Clone Your Clothes L1A

This is a level 1A sewing specialism course.

Join us for this where you will learn how to make a pattern of a favourite garment.

This enjoyable class will cover the planning, laying out, measuring, cutting, making a paper pattern and a possible toile of part of the garment taken from an existing item.

During the course, you'll also learn some tricks of the trade to help with achieving a more professional finish and faster project completion.

You will need to bring the item that you would like to clone; it will not be taken apart or cut up during the course.

If you are interested in developing your creative skills, book onto one of our courses from the Creative Arts offer.

Start Date: 17 September 2026
Start Time: 16:00
Lessons: 10
Weeks: 10
Hours: 20.00

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

WHAT WILL I LEARN ON THIS COURSE?

Learners will:

1. Learn the basics of making a paper pattern from a garment
2. Complete a paper pattern copy of one garment
3. Learn at least one new technique to give a professional finish

Whether you would like to learn new creative skills or to investigate the possibility of a new sewing -based career, MAE Community Learning courses can provide you with a stepping stone to progress

IS THIS COURSE SUITABLE FOR ME?

This is a level 1A sewing specialism course for learners who have completed sewing level 1A – 2C or those wishing to begin pattern making. Upon completing this course, you cannot book onto a lower levelled sewing course (1A).

Suitable for those with some sewing experience or those who wish to refresh their pattern making and cutting skills

IS THERE ANYTHING ELSE I NEED TO KNOW ABOUT THIS COURSE?

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and equipment before the start of the course:

- A basic sewing kit including dressmaking scissors, un-picker, tape measure, notebook, small scissors or snips, some sewing threads etc.
- Pen & Pencil (you will be provided with a sketchbook).
- You WILL need some scraps of fabric to practice techniques on, and it is always a good idea to have an old (CLEAN) sheet or duvet cover to use as practice fabric when we come to make a toile.

WILL THERE BE ADDITIONAL COSTS?

You may need to buy fabric, please do not do so until you have spoken to your tutor in week 1.

WHAT COULD I GO ON TO DO AFTER THIS COURSE?

Your tutor can talk to you about other subject related course available. Your progression courses are:

R261333A Sewing -Clone Your Clothes L1B

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice, please telephone 01634 338400.

WHAT IS THE ATTENDANCE POLICY

Multiple sessions-

To get the most out of the course:

- Try to attend at least 90% of sessions
- Let your tutor know if you will miss a class
- If you are ill or absent, contact: 01634 338400

HEALTH & SAFETY

Health and Safety Disclaimer

By taking part in this course, you understand that Sewing involves use of tools, materials and equipment and carries some risk.

You agree that:

- Sewing activities can involve some risk (tools, materials)
- Work at a level that suits your ability
- Wear suitable clothing and protect your work area
- Agree to the ground rules and follow safety guidance from your tutor
- Medway Adult Education is not responsible for personal injury or damage to personal property.
- By attending the course, you confirm that you have read and understood this information.